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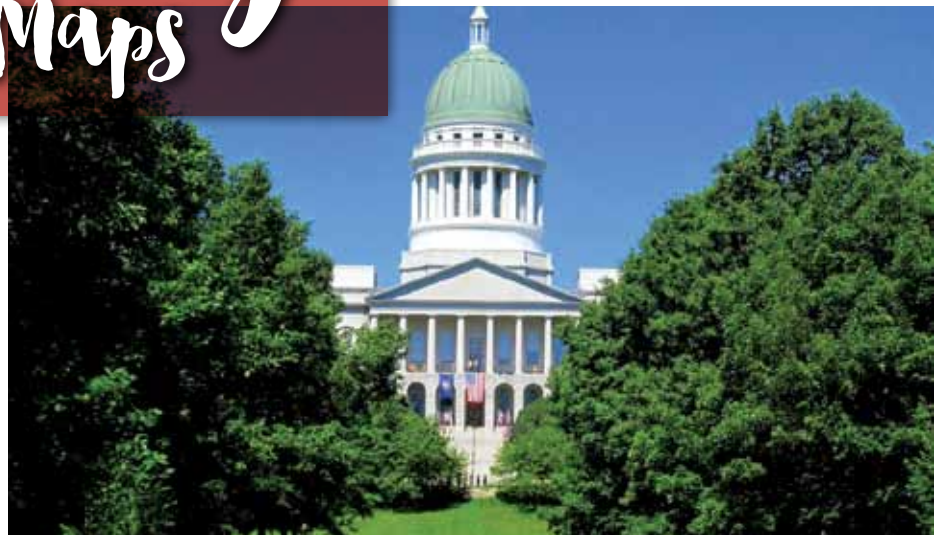
Journey Without Maps

FROM STAFF & WIRE REPORTS

Travel through Maine beauty by beauty. In the age of GPS, cultural landmarks guide you through Maine's history.

You're driving down an uninspiring stretch of Route 302—just outside Windham, beyond the statue of Lenny, the 13-foot-tall TV repairman with his red lunch box at **Hawkes Plaza**—when you catch sight of a mirage ahead, gleaming silver in the sun. Pull closer and you'll see the source is a low cement garage, covered entirely in polished hubcaps. **Dick's Place**—part shop, part shrine to automobiles—run by local octogenarian Dick Wolstenhume, has caused rubbernecking along this stretch since 1943, when Dick's father bought the site and started hanging up hubcaps to advertise the business. Speaking to *Mainetoday.com*, Wolstenhume described how the project took off organically. "People kept coming and bringing stuff in. They're just like rabbits, they keep growing!"

When you pass these hubcaps, you know



From top: South Freeport's Casco Castle lends a jaunty medieval accent to the harbor views; Charles Bulfinch designed Maine's memorable State Capitol building. "The Wedding Cake House" in Kennebunk is inspired by the Milan Cathedral in Italy.



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nosh

Pronunciation: \năsh\

Yiddish, To snack or eat on the sly

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Portland Museum of Art in the heart of the city, was designed by star architect and part-time North Haven resident, I.M. Pei.



Traveling 'Beauty by Beauty'

Our title for this story is inspired by **Graham Greene's 1936 book *Journey Without Maps* (1936)**, in which he leaves Europe for the first time to venture into the African interior. Arriving, he's unsettled to realize his U.S. map offers definition on the coast, but there's a large white void in the chart's center with the tiny label: **cannibals**. Our Maine equivalent might be Red Sox Fans. Traveling with guides and by word of mouth, Greene follows a stunningly different route directed by waterfall, leopard skulls, and chance. Now that Mapquest and Googlemaps are calling the shots, the chance to navigate via dreamy landmarks both excites and reassures. Of course it helps if you're one of these places. Here's a longtime Kennebunkport maxim: "If you drive past the **Colony Hotel**, you've gone too far."

It's one thing to Yelp your way to the corner of State Street and Congress, but how that blushes in the face of "Just walk to the statue of Longfellow in **Longfellow Square**, where all the cafes are."

you're well on your way to Sebago Lake.

Ask a Mainer for directions and the response may well be peppered with colorful visual curiosities that have become part of the physical and cultural landscape.

Trying to get to South Freeport from Portland? Take a right off Route 1, just before the **Freeport Big Indian**. You heard right. The 30-foot-high chief-tain looms over his surroundings, spear and shield at the ready. Commissioned in 1968 by Julian Leslie, then owner of Casco Bay Trading Post, the chief caused an unprecedented traffic jam on the New Jersey Turnpike a year later as he traveled by truck from Pennsylvania to Maine where he remains, stoic and imposing, to this day.

On your way to South Freeport, stay alert to spot another slice of Maine history among the trees: the turreted crown of a gray stone tower is the last vestige of the **Casco Castle**. Built in 1903 by entrepreneur Amos Gerald, the Casco Castle was an imposing pile of gray-shingled wood designed to resemble a turreted fortress.

Gerald hoped to increase patronage of his electric trolley line by building the castle into a resort hotel complex surrounded by an amusement park, zoo, formal gardens, and picnic grounds accessible from the Brunswick-Yarmouth Street Railway. Unfortunately the showy facade failed to attract the fashionable crowd and as the rise of the automobile led to the decline of trolleys, the hotel closed after only a few

seasons. Finally, in 1914, a blaze destroyed all but the remaining stone tower.

If flashy architecture is your thing, a trip along Route 35—connecting Kennebunkport to the Maine Turnpike—will reward you with a sighting of "**The Wedding Cake House**," the gabled, primrose-yellow tribute to European Gothic style that stands resplendent on Summer Street.

Designed and built in 1825 by shipbuilder George Bourne, the "Wedding Cake" holds the title of "most-photographed house in Maine," thanks to its intricate wooden trim and numerous buttresses and pinnacles.

As you swoop north on I-295 past Portland, you'll find your eyes drawn to the right-hand shore. The vintage architecture, towering brick chimney, and industrial hues of the **B&M Baked Bean factory** are juxtaposed with the serenity of Casco Bay. Talk about retro-industrial chic. You can imagine the factory workers taking a moment to gaze out across the water in between stirring 900 pounds of beans at the brick ovens.

Wending your way into Portland's working waterfront, you may catch sight of another industrial icon. The hand-lettered sign on this elegant brick building situated on West Commercial Street just after the Casco Bay Bridge tells of its history. **The Star Match Factory** was a major producer of New England's matches from 1870 to 1908. According to the USM archives, the factory was unusual for employing a large female workforce; however, working conditions were extremely poor. Each woman was equipped with a basin holding a wet sponge to put out fires when

The lumberjack legend Paul Bunyan looms over Bangor.



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Watercolor by Richard Anzele

DISCOVERY

the matches accidentally ignited, and many suffered phosphorus poisoning, which could not only damage teeth but lead to “phossy jaw,” the destruction of the jawbone. These days a number of local business inhabit sections of the complex, including Home Remedies and the World Arts Co-op, introducing their own color schemes to create a pleasing patchwork with the original russet-red paint still bookending the old factory.

Next, point your car north towards Bangor and be sure to keep an eye out for the town’s most recognizable resident. Towering 37-feet over Main Street, the legendary lumberjack, **Paul Bunyan**, grins down with his bushy beard and flannel shirt—a true Maine boy (although other states claim the o myth).

Bangor’s more diminutive but equally famous habitant, Stephen King, was clearly not convinced by Bunyan’s benign smile. The writer brought the legend to life in terrifying measure in his novel *It*. Transplanted to the fictional town of Derry, Bunyan comes to life—axe-wielding and murderous—to terrorize one of the young protagonists.

These cultural exclamation points, towering above their surroundings, have become part of the fabric of local knowledge. If you’re taking a trip to Vacationland this summer, turn off the GPS and let the landmarks guide.



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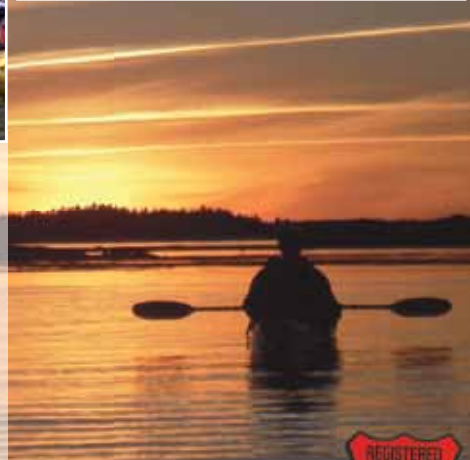
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The Big Indian carved in epoxy resin, and fiberglass in 1969 by artists Rodman Shutt, Julian Leslie, and Mike Leslie; guides drivers to Freeport; and great sandwiches at Old World Gourmet.

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Hacking Maine

They say cellphones have cut our attention spans in half. Thanks to **The Maine Hack**, you're covered! We know you're in a hurry. **So here's all you need to know about Maine this summer.**

REMEMBER THE MAINE?

It's too late to help the USS *Maine*, which exploded in Havana Harbor in 1898, but we can be drink to her health by mixing up the classic cocktail with the soubriquet **Remember the Maine**.

The first published recipe of this distinguished drink came from writer and cocktail aficionado Charles H. Baker, in his 1939 classic *The Gentleman's Companion, or Around the World with Jigger, Beaker and Flask*. Described by some as part Sazerac and part Manhattan, the elixer is an excellent tonic for nerves. Baker writes about enjoying this very drink during the escalating violence of the 1933 uprisings in Havana:

Each time he knocked back a "Remember the Maine," he re-experienced a "hazy memory of a Night in Havana during the Unpleasantnesses of 1933, when Each Swallow Was Punctuated with Bombs Going off on the Prado..."

Baker advises that the drink be stirred "briskly in a clock-wise fashion." We advise you to enjoy a glass overlooking the ocean this summer.



Recipe

- 2 oz. Rye Whiskey
- ¼ oz. Sweet Vermouth
- 2 tsp. Cherry Heering
- ½ tsp. Absinthe
or absinthe substitute
- Garnish with cherry or
lemon peel





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Holy Homerus

If you don't want Mainers to know you're "from away," think twice before you charge into a lobster pound and demand they boil you up a three-pound lobster. The bigger the better doesn't apply. It's the more diminutive models (from one pound to 1.25 pounds) that tend to be sweeter. Instead, impress the locals by requesting a "chicken" lobster (1 lb.). N.B.: Thrifty Mainers prefer soft-shell lobsters over the more expensive hard shells.



Hacking the Appalachian Trail

Not enough time to hike the Appalachian Trail? Watch this 5-minute video on YouTube (bit.ly/1UsiuVI) to view Maine's dazzling wilderness sights **from the comfort of your couch**. As a no-risk means of ogling Mt. Katahdin, it's also far less exhausting than watching the mind-numbing Robert Redford/Nick Nolte bromance *A Walk in the Woods* (Broad Green Pictures, 2015).




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FARNSWORTH

N.C. Wyeth: Painter



N.C. Wyeth (1882-1945), *Herring*, ca. 1935, oil on canvas, 48 1/8 x 52 1/8". Collection of Phyllis and Jamie Wyeth

May 21–December 31
Rockland, Maine 2016

Sponsors include Richard Gilder and Lois Chiles, Mr. and Mrs. George Twigg III. Community Partners include Maritime Energy. The exclusive media sponsor of the exhibition is



CLOCKWISE FROM TOP LEFT: FILE PHOTO; PORTLAND MUSEUM OF ART; LEONARDO da VINCI, OILD ON CANVAS ON PANEL; PARAMOUNT PICTURES; BLUEBERRY BLISS; FILE PHOTOS(2); DETAIL FROM "AMERICAN FASCIST"; RADCLIFFE DACANAY



Lurking Leonardo

Hacking da Vinci? The *Mona Lisa* has already been hacked in Maine. If you happen to visit the Portland Art Museum this summer, you may spot her familiar face among the crowd. Now part of the museum's permanent collection, this slightly shy copy of Leonardo DaVinci's masterpiece, with somewhat smoky provenance, was purchased in the 1980s. Maybe that's why she isn't front and center? Admission is free on Friday evenings.

Sensational Superfoods

Real Mainers wouldn't dream of buying berries they can pick themselves, but this takes time. Don't waste yours on cultivated supermarket blueberries as big as beach balls. Instead, as you're speeding down Route 1, keep an eye out for roadside stands selling ragtag quarts of their smaller, wild cousins that our state is famous for.



Show Some Gumption

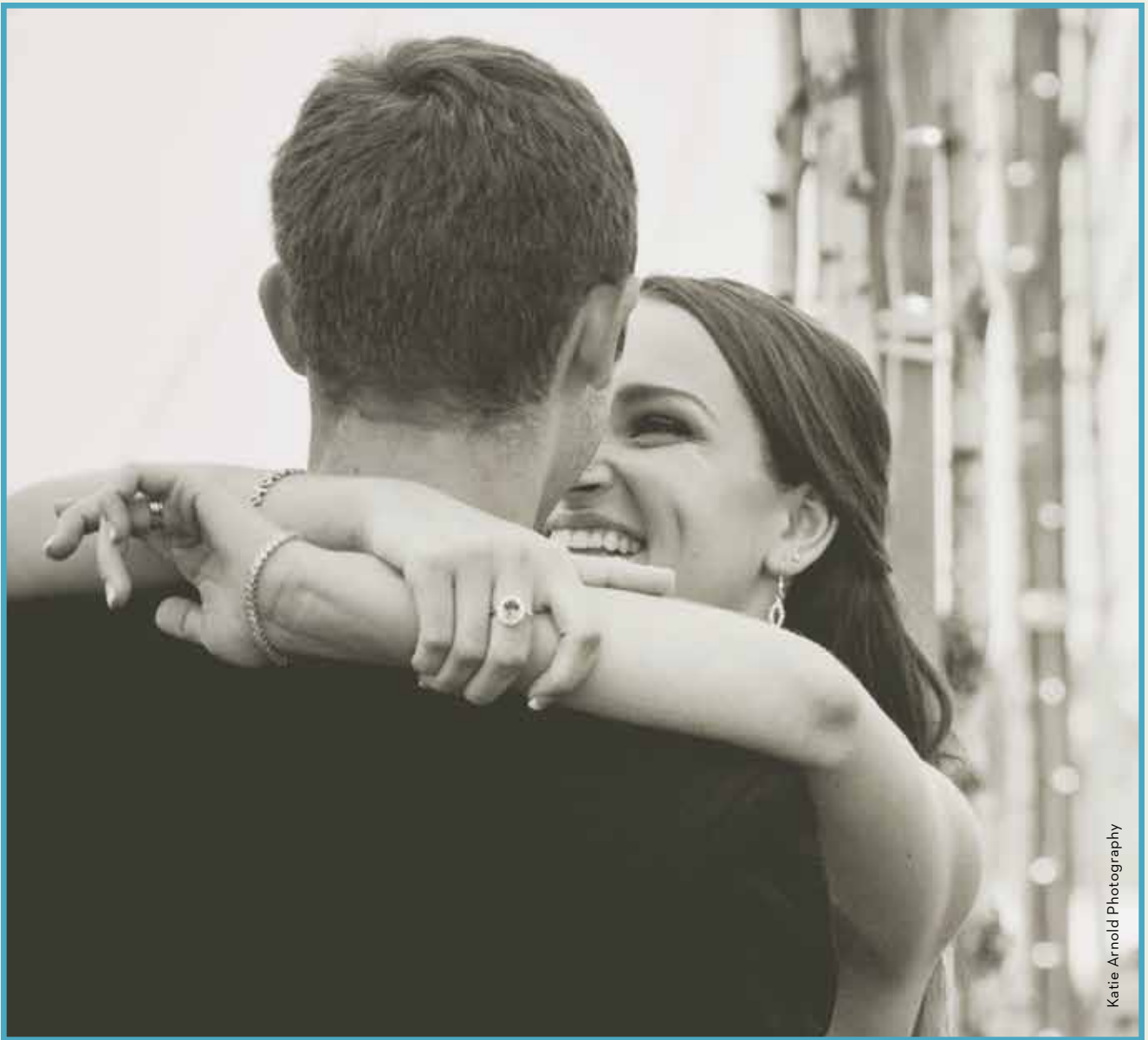
Don't be surprised if you get a sense of déjà vu walking along the ramp toward Marshall Point Lighthouse. Not only the site of many an Instagram landscape, it was also featured as the second checkpoint on Tom Hanks' epic cross-country run as *Forrest Gump* in the classic 1994 film. Get ready to dodge all the other tourists attempting to re-create the same scene.

Come on, Teddy, smile!

Impress Mainer friends with your local knowledge by referring to the five identical concrete homes that crown the middle of Danforth Street by their insider nickname, "Teddy's Teeth." These residences, with views of the Fore River, have long been referred to as such on account of their similarity to the former president's square-toothed grin.

Derided following their construction in 1906 by speculative developer Lucien Snow, these houses have since become part of the neighborhood's identity. Behind the boxy façades, each interior boasts lovely moldings, maple floors, a central fireplace, and a graceful staircase.





Katie Arnold Photography

B.E.

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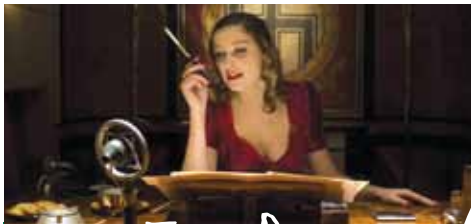


Weird Science

Up in the Rangeley mountains, one of the world's most radical researchers of psychiatry carried out his extreme experiments. A proponent of the power of "orgone," a hypothetical universal life force, Dr. Wilhelm Reich (a student of Sigmund Freud) created a variety of "orgone accumulators" designed to collect the universe's energy for general health and even weather control. You can visit Reich's final laboratory "Orgonon," a.k.a. the Wilhelm Reich Museum in Rangeley, and even rent the cottage that the Reich family used to inhabit.

Valhalla Verdigris

Just to put things in perspective when shopkeepers pass you Canadian coins with your change: A Norse coin discovered at a Native American burial site in Brooklin, Maine, is believed to have made its way to Maine via the **Vikings**. The Maine State Museum describes the penny, dating from 1182-1235, as "the only pre-Columbian Norse artifact generally regarded as genuine found within the United States."



Freaky Frequency

Not only heroes are born here. Vilified World War II radio propagandist Mildred Gillars, who broadcasted from Berlin as **Axis Sally**, was one of us. She grew up near the Victoria Mansion. During the war she tried to demoralize U.S. GIs by insinuating on her radio show that they were fighting for a lost cause while their girlfriends back home were dating draft dodgers. Never heard of Axis Sally? She was like Tokyo Rose. Never heard of Tokyo Rose? She was the radio propagandist for the Japanese. Except she wasn't just one person like Axis Sally; nearly a dozen women broadcasted under that composite name, so she was kind of like Lassie. Never heard of Lassie? Woof.



Axis Sally was convicted of treason and sentenced to Alderson Women's Reformatory in West Virginia. Other Alderson alumni include Billie Holiday and Martha Stewart.

The MAINE menu



Clockwise from top: **Mos-Ness Dressing** by Schlotterbeck & Foss is the unsung secret of Maine salads.

The Italian sandwich was invented in Portland in 1899 by Italian baker Giovanni Amato.

The official state treat is the **whoopie pie** (not to be confused with the official state dessert, which is blueberry pie, naturally).

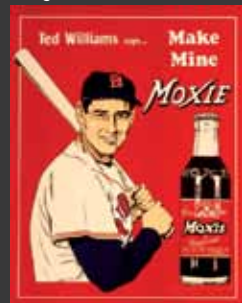
Maine **maple syrup** goes perfectly with pancakes, waffles, bacon, or pretty much anything.

The B&M **Baked Bean** factory in Portland creates this smoky and delicious side dish in traditional brick ovens.

When it comes to **blueberries**, the smaller, darker local varieties are the ones to pick.

Moxie: Maine heritage, medicinal flavor/
Maine lobster. Need we say more?

You've Got Moxie



Can Maine-grown soda pop give you superpowers? Red Sox star and Moxie poster-boy Ted Williams was famous for his ability to read the spin on a baseball hurtling towards him at 90 m.p.h. His super vision also served him well as a fighter pilot during World War II. More recently, the *Boston Globe* reported in 2013 that after Williams's death in 2002, his head had been severed and cryogenically preserved in a "large can about the size of a lobster pot." His son, who barely outlived him by two years, had dreams of someday sharing his father's super vision with the world by cloning his eyes. Wouldn't it be simpler just to drink Moxie? ■

CLOCKWISE FROM TOP LEFT: PHSYCHORGONE.COM; FILE PHOTO; STAFF ILLUSTRATION - ITALIAN: FROMAWAY.COM; MALCOLM BEDELL; FILE PHOTOS (4); "MIRACLE AT ST. ANNA" - WALT DISNEY