Dream Islands

On these personal paradises, the breezes, waves, stars, and land are all yours.

By Karen E. Hofreiter, Benjamin Goodridge & Bethany Stone

Nautilus Island
Castine, $10.6M
There’s a singular, small plant that grows on the edge of a henhouse on Nautilus Island. Unlike the gardens (lush with waxy, wide-leaved rhubarb), patches of wild violets and gold dandelions, and a vineyard of gnarled grapevines, this leafy loner is as unremarkable as a pesky weed—until you pop one of the edible leaves in your mouth. The mild, familiar taste of celery hits the palate first before the unexpected explosion of tongue-tingling pepper that’s not easily forgettable.

Nothing is easily forgettable about Nautilus. Yes, it has all the stunning and quotidian hallmarks of a coastal Maine island—briny breezes, rocky shores, a solitude enveloped in blue—yet the unexpected appears at every turn. There’s an antique billiard table, restored to its original gleaming glory and ready for some action in the rustic barn; a sugar shack where maple syrup is made the old-fashioned way, tin buckets and all; a well which still provides fresh water hundreds of years after being built and tapped by Paul Revere in the late 18th century; and an intimate pergola with lily pond, a perfect spot for morning coffee.

In the middle of all this simple, bucolic charm, there’s world-class-resort luxury, like the sparkling, azure infinity pool that cascades down the tiered landscaping surrounding the hilltop chateau. Everywhere lies the juxtaposition of Mediterranean sensuality, rugged beauty, and the utilitarian sensibility of a working farm. It’s *Travel & Leisure* meets *Yankee*, a collision of St. Barts with Prince Edward Island.

Nautilus (named after a British war sloop and taken from the British by American Marines under the command of Paul Revere during the otherwise disastrous Penobscot Expedition of 1779) lies only a five-minute ride from Castine. The private boat will meet you at Dennett’s Wharf to whisk you away to your pristine retreat. (But first, stop by the clam shack on...
Dennett’s for an early lunch—the open-faced Reuben sandwich will start your trip out right). After you alight at the dock, follow the gravel path up the gentle hill past the tennis court and three-bedroom cottage. Just before you reach the brilliant red Japanese maple tree, the buttercup-yellow manor rises into view.

From the bright foyer, there’s no wrong way to go. The first floor is a maze of sunlit rooms showcasing brick fireplaces; French country décor; floor-to-ceiling bookshelves holding browned, first edition books; and eclectic, ‘local’ antiques, like the collection of 18th-century cannonballs. The country kitchen is a chef’s dream, with professional, top-of-the-line stainless steel appliances and wood-burning stove. Up the grand, winding staircase are six bedrooms with picture windows and three bathrooms with a blend of modern and Victorian amenities, like a porcelain claw foot tub and extravagant glass showers.

Ultimately stunning are the outdoor grounds. Ecru stone pathways undulate up and around the house, leading to tiny, tucked-away sunbathing spots and the huge stone patio adorned with the pearl-white blossoms of magnolia trees and twisted vines flush with sweet grapes ripe for the picking.

A perfect day starts with a pancake-and-homemade-maple-syrup breakfast on the elevated, circular terrace, followed by a lazy hike through towering pine and birch trees. Stroll to the tip of the island’s ‘finger’ and enjoy views of Castine across the way. On the return trip, access the rough shoreline, blanketed with deep blue-and-white mussel shells that crunch underfoot. If it’s low tide, walk the land bridge to Holbrook Island, an uninhabited nature sanctuary. After exploring, head to the gray-shingled boathouse and quench your thirst with a German Kölsch on tap at the long, granite, fully-stocked bar. The best part—you’ll have it all to yourself. If it’s sunny, enjoy your drink on the deck; if it’s chilly, take a seat on the padded leather, U-shaped bench in front of the blazing fireplace.

At dusk, as you make your way back to the house on a path illuminated by old-fashioned lampposts, grab some fresh-laid eggs from the henhouse for the next day’s...
breakfast and pick some fresh sage to add to a brown butter sauce for your juicy steaks, to be sizzled on the grill in the fully-equipped, outdoor kitchen located on the stone patio. While sipping a chilled Grüner Veltliner and chopping onions, watch the sun set over the pool, the fiery reds and oranges shimmering off its glassy surface which extends seamlessly to the ocean’s horizon. With the smell of an al fresco dinner lingering in the cool night air, let the sweet finish to your day be a relaxing soak in the steamy jacuzzi, the star-sprinkled sky above and a glass of bubbly at your side. If you’re sighing because $10.6M is a tad out of reach, this paradise can still be yours for a week or two. “Until we find a new owner for the property, the entire island is available for short and long-term rental year-round,” says owner Paul Brouillard, whose vision created this wonderland. “In the meantime, we’ll be continuing to work toward our goal of reclaiming the farmland and restoring the island to the way it was for over 100 years—completely self-sustainable.” Thirty-eight acres; taxes $9,423. For sale or rental information, contact John Saint-Amour at LandVest.

Davis Island, St. George, $4.95M
The ferry from Port Clyde to Monhegan “passes Davis Island daily,” says Terry Sortwell of LandVest. “The passengers don’t know what they’re missing.” As the owner, you’d know.

Tie up to the wooden pier of one of the outermost islands in the St. George chain and climb past honeysuckle bushes and the occasional spruce to the estate at the center of the island, which overlooks everything—dark blue ocean in three directions until either land or the curvature of the earth take over. From the cupola atop the house you
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Norton Island, Addison, $3.25M
You’ve heard of a Nantucket sleigh ride. But how about a summer slalom? “There are literally thousands of lobster buoys surrounding Norton Island,” says Steve Shelton of Acadia Realty Group. “You can sit on the shore for hours and watch [lobstermen] come by, see what comes up in their traps.”

When you tire of lounging on the granite ledges, take a stroll through the golden fields on the south end of the island or go exploring for sea glass on the pebble beaches. “Kids love combing the shores. New treasures wash up daily.”

Up on the point sits the 10-year-old main house, adorned with floor-to-ceiling windows. There’s also a board-and-batten guest house here, although “you have your very own boathouse in Eastern Harbor [on the mainland, 25 miles north of Bar Harbor], complete with bunk bed and fireplace. Dock your boat and spend the night.”

Sixty acres; taxes $16,636.

BARNEY’S ISLAND
Beals, $54,500
Who’d have thought you could buy your own island for the price of a 2011 BMW 3-Series? Though you can’t build here, other possibilities—like romantic picnics and secluded camping—abound, and the island is within a stone’s throw of the mainland. “If the tide is right and you push off the shore with enough force, you can float over to Barney’s in a rowboat,” says broker Billy Milliken. “It’s that accessible. But once you’re out here, it’s like a different world. I think the fact that you can’t build here only adds to the island’s mystique.”

Also adding a touch of whimsy, “Tall Barney” Beals—the Yao Ming of the 1800s—had ties to the island. “He was said to carry a barrel-full of molasses under each arm, and he could lift whole engines out of fishing boats. He went on adventures with local Native American tribes and is ultimately responsible for half the Jonesport/Beals population at present day…. There was an old structure on the island back then, said to be Tall Barney’s fishing shack. It remains untraceable now.” One has to wonder if the spirit of Tall Barney is responsible for the strict zoning regulations. If he can’t have his shack, neither can you.

One acre; taxes $232.
RAM ISLAND, Saco, $495,000
During low tide, steep, slender ledges, dark and slick from seaweed, are imposing enough to deter whatever pirate ships—ghost or real—that may be lurking in the early morning fog. To stage your successful invasion of Ram Island, here’s a little secret: “You have to use the deepwater mooring on the other side of the ledges,” says Charlene Farley of Maine Coast Properties. “There’s no dock. [You] just row in through the shallows and pull [your] dinghy up on shore.”

Once you’ve ascended to the “quaint little cottage with a stone fireplace” at the island’s center, you can do as the spirited owners in the ’50s did: “They’d raise a flag over the cottage when they didn’t want to be disturbed”—a variation on the sock on the dormitory door knob? “When the flag came down, visitors were welcome.” Well, everyone but pirates.

One acre; taxes $2,700.

Calf Island, Jonesport, $199,000
On the outside fringes of Eastern Bay lies a bold, windswept island that broker Billy Milliken of Jonesport Realty describes as “the edge of the wild.” Though exposed rock stretches across more than half the island’s surface, Calf is like the shores of Homer’s Greek epics but without Sirens luring recreational boaters to a rocky death. “There are no trees, so the views are limitless. The house in the center of the island rises up like an observation tower, and from here you can see for miles. It’s built to resist all sorts of weather.”

Milliken points out the deep water around the island, which makes boat access and unloading a breeze. “The bottom drops off to 50 feet just offshore, so there’s no need for a mooring. You can keep your boat tied up to the dock and forget about a low tide scratching up the hull.” After you alight, sit back on the deck and relish the sight of bald eagles soaring with the thermals.

Two acres; taxes $481.

Narrows Island and Bar Island
Harrington, $1.6M
Why settle for one island when you can enjoy a duet? Own the spruce-laden, three-beach paradise of Narrows Island, as well as wild, undeveloped Bar Island, separated from each other by a ”short paddle in a canoe,” according to owner Ronald Gallant, Jr. “You can even walk there by sand bar if the tide is right.”

The larger Narrows Island has no power or septic, but you won’t miss the hum of electricity ever-present on the mainland. Park in your private spot at Harrington

(Continued on page 192)
Bathing suits on the surrounding islands, including Narrows, once called the ‘Bar Harbor of the Downeast.’ It’s quieter now, but it’s still a desirable location.”

How desirable?

“Well, it’s your own world.” Seventeen acres; taxes $7,055.

CASCOWAY ISLAND
New Brunswick, Canada, $1.4M

Want a summer retreat that enchants year-round? “There’s an all-season house here,” says owner Mike Kaiser of Casco Bay Island. “It’s sturdy and insulated. You’d be comfortable no matter the time of year.” Situated atop a spruced-up cliff, the house overlooks the Bay of Fundy, and the waters that crash onshore are of both Canadian and American extraction. “You can see different countries from different sides of the island. In the summer we like to sit on the south end of the is-
land and watch the fireworks shoot off from Lubec and Eastport.”

But Kaiser admits the wildlife is what keeps him coming back. “One time I was kayaking in front of the island with my son, and a pod of minke whales surfaced all around us. We were scared—startled, really—but they were a playful bunch.” Humpback and finback whales are also common to the area, as well as seals and eagles. Kaiser says the finbacks are the most surreal.

“During their active season—July through October—you can hear them at night. They dive down and corral herring with a curtain of bubbles. When they return to the surface, all that air is released. You’re lying in bed and hear this low roar, and you know the finbacks are out there. It’s as comforting as it is haunting.”

Forty-one acres; taxes $4,365.

**Casco Bay Island**

**New Brunswick, Canada**

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**GREER ISLAND, Vinalhaven, $595,000**

Though only a piece of the vast puzzle that is Penobscot Bay, Greer Island is Maine at its finest. “It’s a few hundred feet off Vinalhaven,” says realtor Ed Mitchell of Legacy Properties. “so you have all of this wilderness and seclusion as well as a large, inhabited island right at your fingertips.”

Currently owned by the Arey family—who for the last one hundred years have al-
so owned a big slice of Vinalhaven—the island has a timeless feel. “There’s calm water all around. Down on the rocks or up in the fields, you’re in tune with the porpoises, the seals, and the whales.” There are no buildings here, save for the deserted fisherman’s shack on the shore; however, the Arays hold a building permit that will be passed along to the new owner.

But even without creature comforts, there’s plenty to enjoy. “There’s a small grouping of spruce trees on the highest point, a place we call the ‘grove crescent.’ Nestled in the shade, you have a 360-degree view of everything: the mouth of Penobscot Bay, Isle Au Haut, and the open Atlantic.” Talk about the best seat in the house.

Five acres; taxes $1,667.

LOWER BIRCH ISLANDS
Addison, $1.295M
Want the real Maine experience? A family of lobstermen in Addison Harbor has helped protect these sandbar-connected islands for the better part of a century. “Eight members of the Batson family are still active in Addison’s lobstering community,” says Glen Jackson of Jackson Reality. “I was heading out to the island one day when my dory broke down, and two of the Batson brothers were at my aid in ten minutes. They towed me in, fixed my outboard, and never charged me.” The Batson’s don’t discriminate against outsiders, either, and encourage whoever buys Lower Birch to use the docks in Addison Harbor.

Once you unpack your belongings at the rustic, three-bedroom island house, wander through lush flower gardens as crickets chirp and the ocean breeze sifts through the wheat fields. Walk far enough and you come to a forest of spruce, fir, and the signature birch. Walking trails lead you into the center of this expansive forest. Eventually, the thicket opens up, and the granite cliffs on the backside of the island give you the perfect vantage point from which to gaze out over Western Bay.

Thirty-one acres; taxes $7,416.

STONE ISLAND,
St. George, $800,000
The stark beauty of this rock provides an austere palette for your creative impulses. Perhaps this is why Andrew Wyeth felt drawn to paint here. There are no trees and only a small cottage, but sometimes less is more. “[You’re] pretty much open to the elements out here,” says owner Dennis Young. “But there are other islands nearby, so you have the views.” There’s no dock—it was wiped out by the storm of ’78—but two deep-water moorings provide boat access, and there’s a beach just below the cottage, perfect for landing a skiff or canoe. Walk up the wooden staircase and you’re at the foot of the cottage; you have a quiet, secluded world at your disposal. “Ain’t no noise, ‘cept for the cry of the gulls.”

Seventeen acres; taxes $1,852.

SCABBY ISLAND CHAIN
Machiasport, $690,000
Rising out of the Atlantic like an arched
While at Cornell University Medical College in New York City in the early 60’s, I fell in love with the inescapable drama of the Seagram’s Building, designed by Mies van der Rohe and Philip Johnson. With its unbroken height of bronze and glass, I decided at that time I would build a Glass House during my lifetime.

The Glass House is inspired by the Resor House, which was designed by revolutionary Bauhaus architect Mies van der Rohe in 1937 to straddle a creek in Jackson Hole, Wyoming.

Although the Resor House was never built, the spirit of the original design was brought to life in the new Glass House here in beautiful rustic Maine.

After my wife of 31 years, Elaine, passed away in early 2010, I decided to sell The Glass House and move on. This one-of-a-kind, 3,300+ SF home is only 11 miles from Bangor.

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backbone are three interconnected islands. “From the top of the tallest island, you can see for 70 miles on a clear day,” says Jeffrey Allen of Downeast Properties. “Gazing southwest to Acadia is one of my favorite pastimes.” The islands are crafted out of smooth, rounded, dark-hued ledges which cannot be built upon. However, just across the gut that separates the island from the mainland, “the owner has access to a 10-acre parcel of land where you could build a house and wake up to your islands every morning.” Together, the islands and “Point of Main” parcel can be had for $1.2M.

Islands only: eighteen acres; taxes $2,228.

**RAM ISLAND, St. George, $1.35M**

“Located in Wheeler Bay, Ram Island is in the midst of one of the last working harbors left on the coast,” says owner Wilson Alling. “The harbor contains roughly seven times more lobster boats than pleasure boats.” Hear the gentle hum of the John Deere engines as you roll over in the early morning; later, sip a cup of coffee on the deck of the quaint but luxurious cabin as you watch the lobster boats haul their traps. In the afternoon, take a walk through the woods, tasting wild raspberries while gazing at the southern horizon. “Matinic Island is out there, to the southeast. The next stop would be Portugal.”

A sand beach hugs a large portion of the island, and an active osprey nest provides more entertainment than your average Tuesday afternoon soap opera. “Watching the fledglings take flight in early August is the highlight of the summer,” says Alling.

The wharf is sheltered from tough southerly winds, and the jaunt to Port Clyde is usually a smooth one. But once you set foot on the island, the mainland will be the last thing on your mind.

Six-and-a-half acres; taxes $6,775.

**FISHERMAN’S ISLAND, Beals, $995,000**

In the market for something shiny? “The owners of this island have dubbed it ‘the jewel of the sea,’” says Jeffrey Allen of Downeast Properties. “I think it’s because of the sand and gravel beaches that line the shores. It could be for the views of Mt. Desert Island and Cadillac Mountain.” There’s no house gracing ‘the jewel’ yet, but there is plenty of land to build upon “and a mile’s worth of coastline.” Spruce forests make up the island’s interior, and “if you follow the
paths to the center of the island, you’ll find the remains of an old shelter. Its fieldstone fireplace is still intact.”

Fifty acres; taxes $3,739.

FOSTER ISLAND
Harrington, $1.65M
David Rockefeller, Jr., bought this island in the 1960s. A conservation easement was imposed in 1973, and the island remains mostly untouched today. “There are a few [house] foundations from before Rockefeller owned the property,” says real estate agent Mia Brown from Knowles Company, “but they are hardly visible.”

Foster Island Harrington

A lazy stream meanders through a large open field, kissing scattered spruce trees before spilling into the sea on the south end. “There’s a nice protected cove here with a sand beach. It’s the perfect spot when the north wind is blowing.” And when the wind swings to the south? “There’s a lovely beach on the northern end where loons swim, and—if you’re feeling a little adventurous—you can row out to tiny Cow Island just offshore.” Island hopping? Sign us up.

Three hundred acres; taxes $7,519.

CHANCE ISLAND
Machiasport, $1.8M
“It’s the classic Maine experience,” says broker Steve Shelton of Acadia Realty Group. He’s right. In the middle of Machias Bay sits a lone island that is literally away from it all. “No other islands abut Chance, and the areas of high elevation are very exposed. You can experience the full brunt of Mother Nature.” Which isn’t necessarily a bad thing, since island thunderstorms can be an adrenaline-pumping, and even romantic, experience.

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Forty-four acres; taxes $4,955.

MIDDLE HARDWOOD ISLAND
Jonesport, $1.45M
What a place to hunker down. “It’s one of the last pieces of land in Eastern Bay before the Atlantic swallows everything,” says Bill Milliken of Jonesport Realty, “and what I love about it is, the house, the beach, and the dock are all sheltered from the storm.” Two more cottages hide from the wind among the spruce trees.

Follow the wooded path southwest past the ghosts of ancient cod fishermen and the view to the mainland is revealed. Across Eastern Bay is Head Harbor Island, where the remains of an old quarry rise out the fog. These foundations are nearly a century old and provide a history lesson that is easy to absorb. Continue walking and you’ll reach flat, pink-granite ledges. “It’s the best place for a picnic because the wind is all over you—a lovely, cooling breeze—but you aren’t subjected to its full force.” Not a bad place to get blown away.

Seven acres; taxes $3,890.

FRESH WATER ISLANDS

PHOEBE ISLAND
Sebec Lake, Piscataquis, $550,000
This small, rugged island sits in “one of the most pristine lakes in Maine,” says owner Jay Baily. “The island is accentuated by a tall rock on the shore I call ‘Lighthouse Rock,’ the freshwater lighthouse of the North.” The ‘light’ must call to the herds of deer that wade out here to munch on undergrowth and the schools of wriggling bass, ripe for the hooking.

Twenty-one acres; taxes $789.

PINE ISLAND
Long Lake, Naples, $1.2M
“It was seduced by this place,” says owner Jay Baily. It’s not hard to see why, surrounded as it is by an 11-mile-long, spring-fed lake. “[The area around] Long Lake is southern Maine, teeming with elbow-to-elbow campers onshore. But the island and the cozy, circular cottage at the center are all yours. You can go the entire day without seeing a soul and then take a five-minute boat ride in-
Your dream experience, where you matter most…

Dry Island
Sebago Lake, Standish

“It will take a unique type of person to buy this island,” says Peter Thornton of Legacy Properties. One look at this half-acre patch of heaven on Sebago Lake’s west shore and you may decide you fit the bill. “The three-bedroom, clapboard bunkhouse sits on a ledge overlooking the water. From the deck, you can see far across the lake.” At the back of the bunkhouse, which Thornton describes as “somewhere between a cabin and a fancy home,” a handful of birch trees juts out of the soil before the lake takes over again.

Quarter acre; taxes $2,492.

BERRY ISLAND
Lake St. George, Liberty, $199,900

“It’s the perfect camping spot,” says Roland Littlefield of United Realty. Indeed, this little gem on the northeast side of Lake St. George is a prime setting for staking a tent on a bed of soft pine needles under a canopy of magnificent trees. A sandy beach sits nearby for drifting into shore in your kayak or taking a refreshing dip. Hungry? Have a picnic on the 25-foot granite ledge that overlooks the cerulean lake. It’s a camper’s paradise, but in case you’re not the s’mores-and-bug-spray type, you do have a permit to build a house.

Six acres; taxes $3,500.

HANNEMAN ISLAND
Big Lake, Washington County
$598,000

A fisherman’s paradise, this lush, green island—uncannily shaped like the country of France—is complete with an old-school log cabin and a sand beach for boat landing. “The lake is entwined with the St. Croix River, so fish spill in by the thousands,” says broker Kim Corkan of the Maine Recreational Realty Group.

Twelve-and-a-half acres; taxes $1,012.

OBSESSIONS

to Naples and grab dinner at Rick’s Café and Sports Bar.” What happens in Naples, stays in Naples.

One acre; taxes $1,649.

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BROWN ISLAND
Nicatous Lake, Burlington, $725,000
It doesn’t get any wilder than this. Sixty miles northeast of Bangor lies Nicatous Lake, one of the most secluded spots in Maine. Stenciled into the northernmost section of the lake is Brown Island. “If you have a map,” says realtor John Colannino of Dawson Commercial Brokers, “look for the fish-shaped island.”

You’ll find towering pines and hemlocks and sand beaches that are “less than typical” in remote settings like this. “You can set up a lawn chair on the beach and feel like you’re in the tropics.” If you’re more of the adventurous type, the island offers hiking trails and birdwatching. When an afternoon storm blows through, head into the small cabin for some recreation, like a game of pool or ping pong. “The rec room is where the kids usually end up, and it’s fun for the adults, too.”

As for the lake, “you hardly ever see another boat, including verboten jet skis.” Standing at the shoreline in the evening, with a soft wind tracing the water, what do you hear if not the mechanical whir of boat engines? “You know what you hear?” says Colannino. “You hear quiet.”

Five acres; taxes $826.

CHASSE ISLAND
Wadleigh Pond, Lyman, $449,000
Fair is fowl and fowl is fair. “There’s a game reserve on a nearby [mainland] marsh,” says owner Russ Chasse. “Ducks and geese visit here on their way to the marsh, and we’ve had moose sightings, too.” While the pine-dense island is beautiful in the summer, “you can snowshoe out to Chasse in the winter, build a fire, set ice-fishing traps. Both seasons are special in their own way.”

Two acres; taxes $944.

WHITE’S ISLAND
Big Lake, Washington County, $2.295M
“This is one of the largest freshwater islands in Maine,” says Deb Henderson of Maine Recreational Realty Group. “It’s not often that an island of this magnitude goes on the market.” Besides miles of hiking trails and endless shorefront, the new owners of this island—which has yet to be built upon—will have an estimated $400,000 worth of potential lumber (from necessary thinning of the trees) at their disposal. Anyone for pick-up sticks?

One hundred forty-four acres; taxes $1,509.